



# The Randolph Review

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## RANDOLPH STARTS A FARMERS MARKET

Farmers markets are one of the oldest forms of direct marketing by small farmers. Growers all over the world gather weekly to sell their produce directly to the public. In the last decade they have become a favorite marketing method for many farmers throughout the United States, and a weekly ritual for many shoppers.

As U.S. food production became increasingly industrialized and specialized, farmers markets were replaced by brokers and supermarkets. During the past couple of decades, however, farmers' markets have rapidly regained popularity in the U.S.

Farmers find a number of advantages in selling at farmers' markets. By sell-

ing directly to their customers without going through middlemen, farmers can charge retail prices for their produce.

A farmers market is a good place for new growers who are perfecting production skills and learning which products customers want most. In addition, many growers enjoy the interaction with customers and other vendors. For customers the farmers market is not just a place to buy food, but a social event. A festive atmosphere helps to bring people to markets, where they can talk with farmers about how the produce was grown and how it can be prepared.

With all the above benefits to a community, Randolph Township has decided to start Randolph Farmers Market.

**SATURDAY 9AM-NOON**

**RANDOLPH SCHOOL PARK 1776 ST RT 44**

**EVERY SATURDAY-THE 3RD SATURDAY IN JUNE THRU THE LAST SATURDAY IN SEPTEMBER**

Randolph Farmers Market will kick off it's first season on Saturday, June 20, 2009. The market season will be every Saturday starting the third Saturday in June through the last Saturday in September, 9 a.m. to 12 p.m. The market may be extended until the third Saturday in October pending vendor participation. The market is located at 1776 State Route 44 in Randolph, Ohio. (At the Randolph School Park)



### Mission Statement:

Randolph Farmers Market is a voluntary public service group of Randolph Township

Residents that are under the direction and work in cooperation with the Randolph Township Trustees. Our

## Annual Roadside Cleanup a Big Success

On May 9, Trustee Roger Klodt organized the Randolph Township's Annual Roadside Cleanup. A trash container was available at the Randolph Administration Building Complex and those cleaning up in front of their own home or other road-sides could drop off the collected material.

This year Fire Department personnel cleaned up Eberly Rd. and collected a full

pickup load of trash. (See picture below)

Thanks to all those that helped with the cleanup!



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While George Washington is honored as Commander in Chief, he thought of himself first and foremost as a farmer. Washington came to recognize the inadequacies of 18th-century farming techniques and began an untiring effort to improve his farming methods by experimenting with crop rotation, fertilizers, plowing practices, and more – quite uncommon during the colonial era.

He was among the first Virginia planters to abandon tobacco production in favor of wheat.



**"AGRICULTURE, MANUFACTURES, COMMERCE AND NAVIGATION, THE FOUR PILLARS OF OUR PROSPERITY, ARE THE MOST THRIVING WHEN LEFT MOST FREE TO INDIVIDUAL ENTERPRISE"**

THOMAS JEFFERSON



## Township Government History

The Pilgrim Fathers brought the township form of government to America back in 1620. This form of local government eventually spread as far west as the Rocky Mountains. Today, it is found in as many as 22 states.

In Ohio, the township predates our state government. The townships' various sizes and shapes were determined by the Congressional Acts, which established the land grants. Within each of the Ohio land grants, Congress set aside sections of land for the use of schools and the support of religious institutions. As the Ohio Territory became populated, it was only natural that the surveyed townships should organize and become the basic unit of local government.

In 1804, the elected officials of a township consisted of three trustees, a clerk, two overseers of the poor and supervisors of highways, in addition to justices of the peace and

constables. A township treasurer and assessor were later added. In the early years of statehood, Ohio township government cared for the poor, maintained the roads and preserved the peace.

Today, just as in 1804, the township is a political subdivision of the state. To keep pace with the demands of changing times, the functions, duties and obligations of the township have changed over the years. Demands for increased or different services have prompted the state legislature to grant Ohio's 1,308 townships the authority to fulfill these changing needs.

Currently, there are three trustees and a fiscal officer, each elected for a four-year term that administer to the needs of our townships.



## RANDOLPH FARMERS MARKET CONT.

primary mission is to encourage, support, and promote the entrepreneurial efforts of local, independent, and small-scale farmers, bakers and crafters seeking to sell their products directly to the consumer. Inherent in this mission is serving the community and the consumer who benefit from the availability of these farmers' products. Secondary goals are to educate the consumer about the many benefits to the individual, the community, and the environment of buying fresh, locally produced food, to provide a venue for other local organizations and local artists and to enhance and enrich the community and culture of Randolph Township and surrounding communities.

Farmers markets are much more than just a place to sell food. They have become important community institutions. They are a venue for socializing, where

urban residents meet farmers and their neighbors. They have figured in the revitalization of downtown districts, bringing people into areas that were once vacant on Saturday mornings. They serve an educational function, too, helping people learn to eat better.

All are welcome on every Saturday starting the third Saturday in June through the last Saturday in September, 9 a.m. to 12 p.m. The location is 1776 State Route 44 in Randolph, Ohio. (At the Randolph School Park)

For more information call Dan Kolasky at 325-7338





We hear a lot about "dietary fiber" these days, and for good reason. Research suggests that it is important for proper bowel function by keeping us "regular." But what exactly is dietary fiber? It is the part of plants that the human digestive tract cannot break down. As a result, dietary fiber keeps waste moving through our intestines.

Most of us don't eat enough dietary fiber, and health experts suggest we eat more. Dry beans and peas are the best sources of fiber. There are a wide variety of these tasty foods in different sizes, shapes, flavors, and colors.

In addition to dry beans and peas, many fruits and vegetables provide fiber. Be "fiber smart." Some

forms of a food are better sources of fiber than others. Choose whole fruits and vegetables more often.



### Nutrition Tidbits

Fruits and vegetables give you many of the nutrients that you need: vitamins, minerals, dietary fiber, water, and healthful phytochemicals. Some are sources of vitamin A, while others are rich in vitamin C, folate, or potassium.

Almost all fruits and vegetables are naturally low in fat and calories and none have cholesterol. All of these healthful characteristics may protect you from getting chronic diseases, such as heart disease, stroke, and some types of cancer.



## HISTORY OF RANDOLPH "GEN. WILLIAM STEDMAN"

By Richard Staats, VP Randolph Historical Society

Anyone who knows anything about our local history knows that Randolph Township had its own Civil War general, Gen. William Stedman. The General raised prize sheep on his East Waterloo Rd. farm, and he prospered as an entrepreneur. Stedman was a well-known abolitionist who was quite active in the Underground Railroad, and he was president of the Western Anti-Slavery Society. As colonel of the 6th Ohio Cavalry, he fought in many cavalry battles on the eastern front, and at one time he commanded a brigade of cavalry. His service record was outstanding, and the official records of the war verify his bravery. Stedman also served in the Ohio State legislature, which is the main interest of this article.

Citizen Bill Stedman first served in the Ohio House in 1860. As a dedicated temperance man, he presented a petition of Thomas Brigden and 37 other Portage County citizens who wished to make it a penitentiary offense to make, buy, sell, or give away intoxicating liquors. The petition was referred to a committee where it obviously died. It remained for future politicians to figure out a craftier plan which involved taxing the devil out of peoples' vices.

In the 1850's the people of Ohio voted three times to have the legislature meet every other year. Presumably, this would save on salaries and keep the politicians out of their pockets for at least a year. Our man, Bill Stedman, said "the

people desired a fair trial of biennial sessions and he wanted this legislature to let them have a fair trial. Nevertheless, the legislature figured that the people did not understand what they had done and proceeded on their own way. (Today, this appears to be a function of the courts.) Let's suppose that Bill Stedman's advice was adopted by the U. S. Congress today. The headlines tomorrow would read: "Congress Votes to Meet Every Other Year." The following article would be headed: "Global Warming Solved, Hell Freezes Over."

For more information about our local hero, Gen. William Stedman, visit the Randolph Library.

## SLOW DOWN FOR ROAD DEPT. WORKERS

As spring arrives, the township's road department is swinging into full gear. Patching holes, repairing berms, broken drain tiles, and ditch mowing.

Work zones serve to preserve the beauty and function of our township. These work zones require extra caution on the part of drivers, so they need to pay close attention to the movements of traffic around them, as well as the location of road workers whose jobs often put them extremely close to traffic.

Please slow down in and around work zones to help ensure their safety.







The Randolph Review  
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## Randolph Township

### *The Randolph Review*

The Randolph Review is published on a quarterly basis for the purpose of providing useful and interesting information to township residents. Citizens' input, suggestions and comments are welcome.

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## *Two Longtime Randolph Residents Sadly Missed*

Karen Kay Hilgert, 65 of Randolph, passed away peacefully in her home on Monday, January 26, 2009, surrounded by her family. She was born January 20, 1944, in Akron, Ohio, a daughter of Herbert and Norma (nee Bailey) Palmer. Karen is survived by her loving husband of 42 years Robert; her children: Laura, Sandra, Michael and Pamela. Also survived by 10 grandchildren; her mother Norma Palmer of Arizona; her brothers: Ray (Diane) Palmer of Arizona, and Don Palmer of Texas. She is preceded in death by her father Herbert Palmer. Karen graduated from Akron General Hospital School of Nursing and later completed her Bachelor's degree from Malone College of Nursing. She retired from Edwin Shaw Hospital as a nursing supervisor to assist her husband in managing Hilgert's Farm & Market. She was a member of St. Joseph's Church in Randolph, Farm Service Agency (FSA) active member for 17 years, Randolph Zoning Commission, and was a fierce advocate of farm preservation.

Randolph Township is a better place because Karen Hilgert chose to live here.



Virginia M. "Sis" Sayre, 79, of Randolph passed away Sunday, March 1, 2009 at Akron City Hospital. Born May 6, 1929 in Batavia, New York to the late Carl and Pat Snyder. Sis was a loving wife, mother, grandmother and great-grandmother. Sis lived and worked many years in Florida where she met her loving husband, Ernie. After moving to Ohio in 1972, she worked as a secretary for the Northern Ohio Quarter Horse Association. Later, Sis became involved with the Portage County Fair as a 4-H advisor and as the fair secretary from 1991 to 2009 where she devoted many hours of loving service and made many cherished friends. She knitted hundreds of sweaters for needy children in her spare time. She was preceded in death by her parents. Sis is survived by her devoted husband Ernest Sayre, daughters Cindy, Connie, brother Ronald Snyder.

When you think of the Randolph Fair you automatically think of Sis Sayre. The Randolph Fair and the entire Randolph Community was impacted in many ways by Sis through her commitment and energy.

